

BACKGROUND

Addressing long-term problems following stroke requires a holistic and systematic approach to identify unmet needs.

National guidelines highlight the need for all stroke survivors to have a review of their health and care needs six months after leaving hospital.

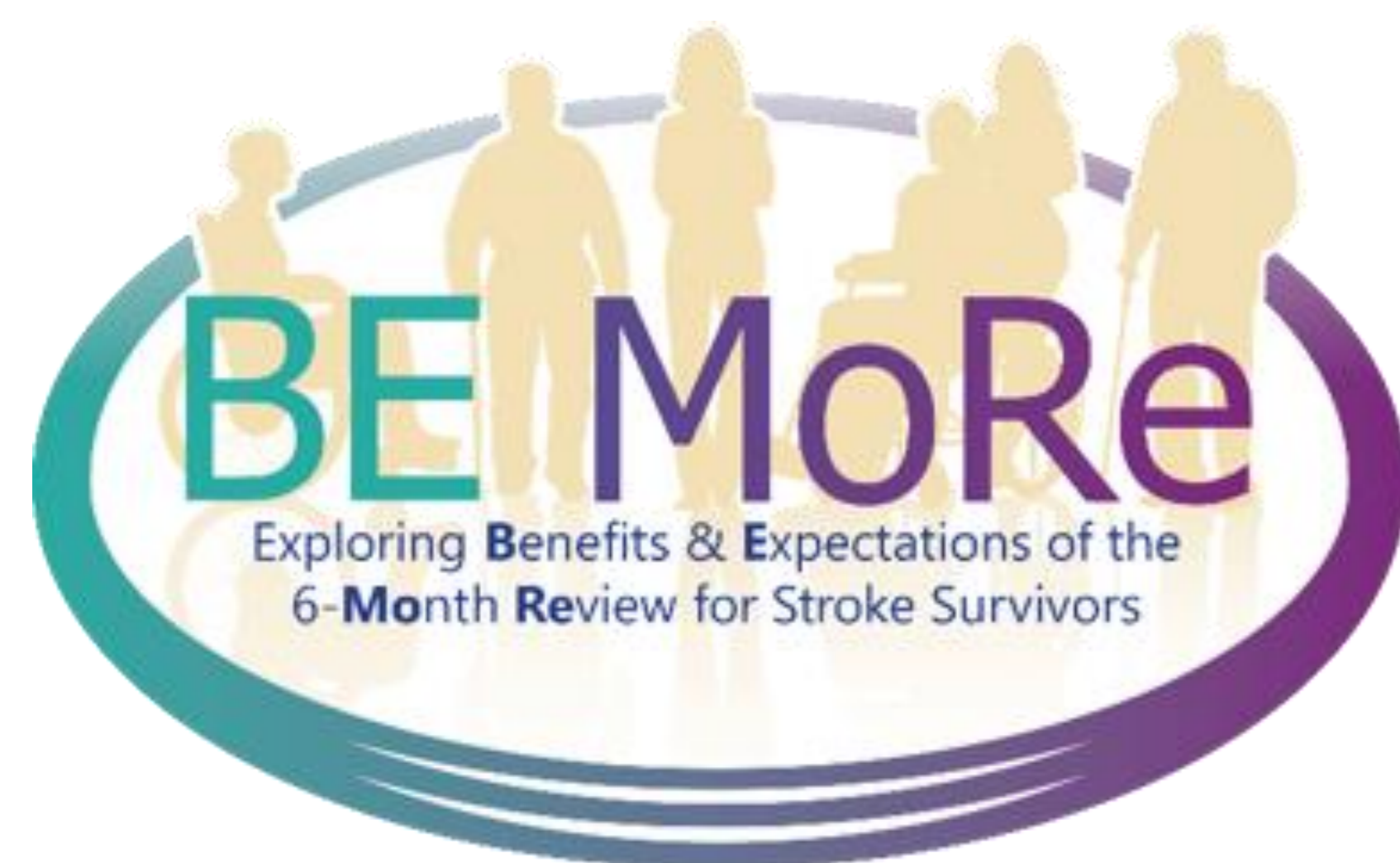
However, recommendations lack an evidence base describing the ideal structure and content of the review process.

OUR AIM

To better understand the degree of variation in six-month review (6MR) services in England and how the implementation of services is influenced by the context they sit within.

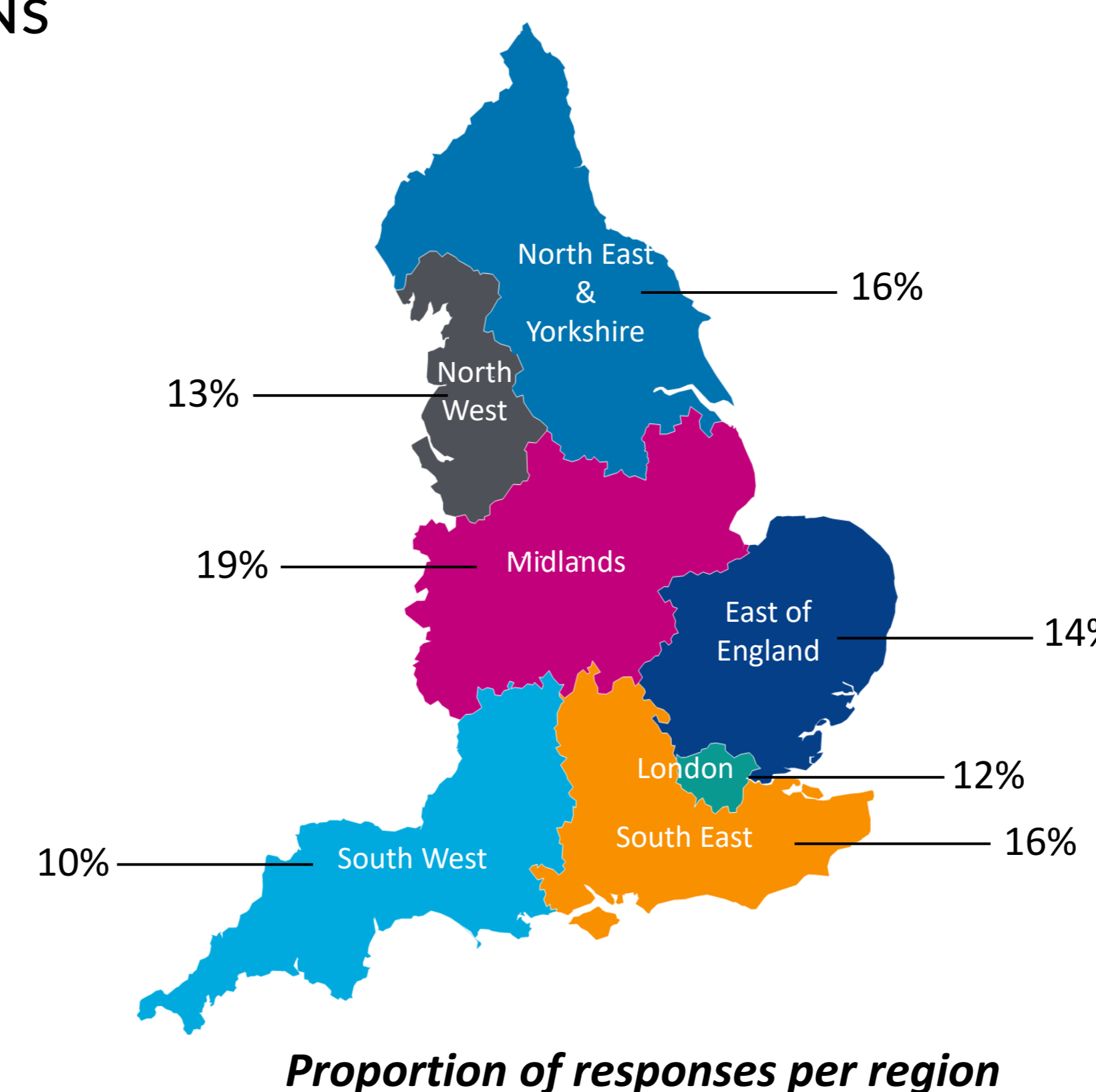
METHODS

- Cross-sectional, online survey of 6MR services in England
- Degree of variation summarised using descriptive statistics
- Associations explored between the features of the 6MR services and contextual factors (provider organisation, sociodemographic)

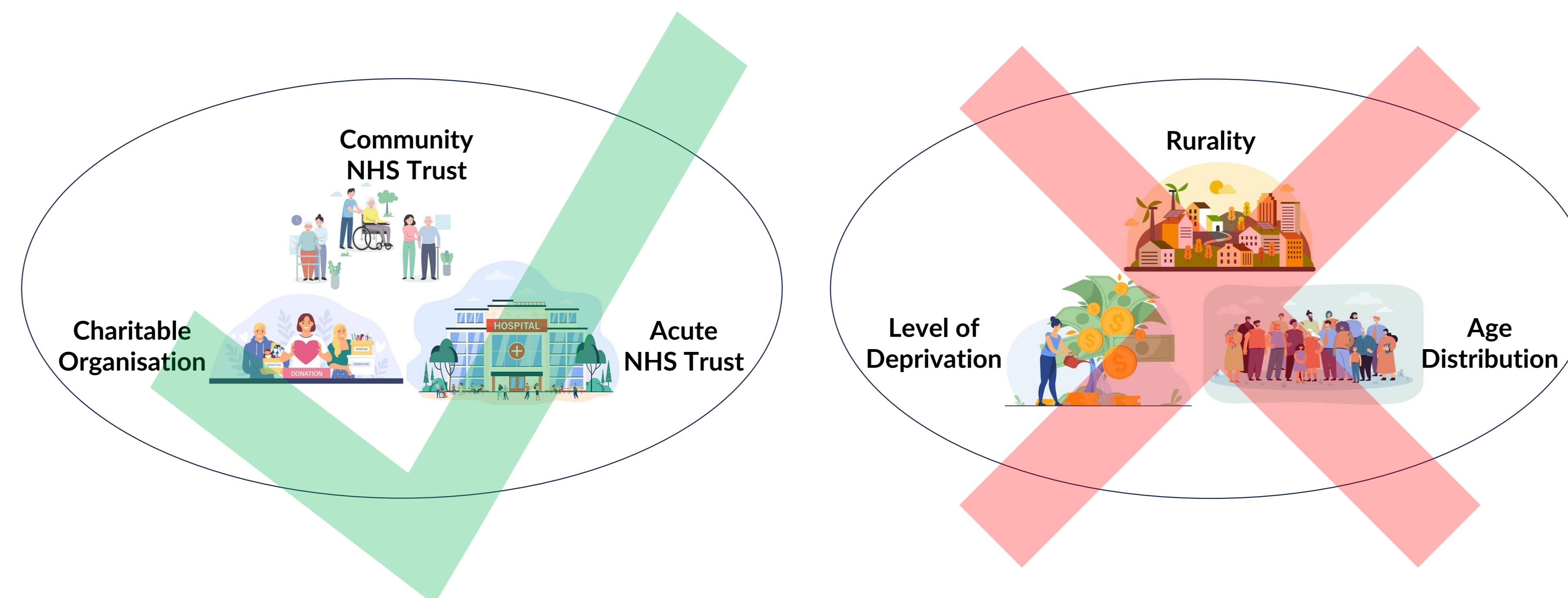


RESULTS

- 92 responses from services across all 20 ISDNs
- Estimated response rate: 53%
- Wide variation in service delivery models
- Most common features of 6MR:
 - Delivery method: **Face-to-face**
 - Location: **Patient's home**
 - Delivered by: **Nurse**
 - Provider organisation: **Community Trust**
 - Data collection tool: **GM-SAT**
 - Time taken: **60 mins + 45 min paperwork**
- Main purposes of the review were:
 - to identify unmet needs
 - to provide information and advice
 - secondary prevention



Associations were found between features of the 6MR and the **provider organisation**, but NOT with **sociodemographic factors**



KEY MESSAGES

Provision of the 6MR service **varies widely** within England.

Variation is associated with factors related to the provider organisation suggesting that implementation of the 6MR is based more on the **preferences of the service** rather than the **needs of the local population**.

Providers should be aware of the **potential for health inequalities** in relation to the structure of their service.

There is a **need for a more robust evidence base** to better articulate the optimal provision of the 6MR so that unwarranted variation is limited.

WHAT'S NEXT?

This is the first stage of an explanatory, sequential mixed-methods study (**BE MoRe**). The findings from this survey will be used to select sites for a multiple case study analysis of different 6MR provider organisations.