

ALLIANCE: Enhancing the quality of living and dying with advancing frailty through integrated care partnerships

Authors: Combes S.,^{a,b} Harwood R.,^c McKean E.,^d Nicholson C.^{a,b} **Institutions:** ^aSt Christopher’s, London; ^bUniversity of Surrey; ^cUniversity of Nottingham; ^dUniversity of Kent
Contact sarah.combes@surrey.ac.uk Twitter @ALLIANCE_Collab



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Introduction:

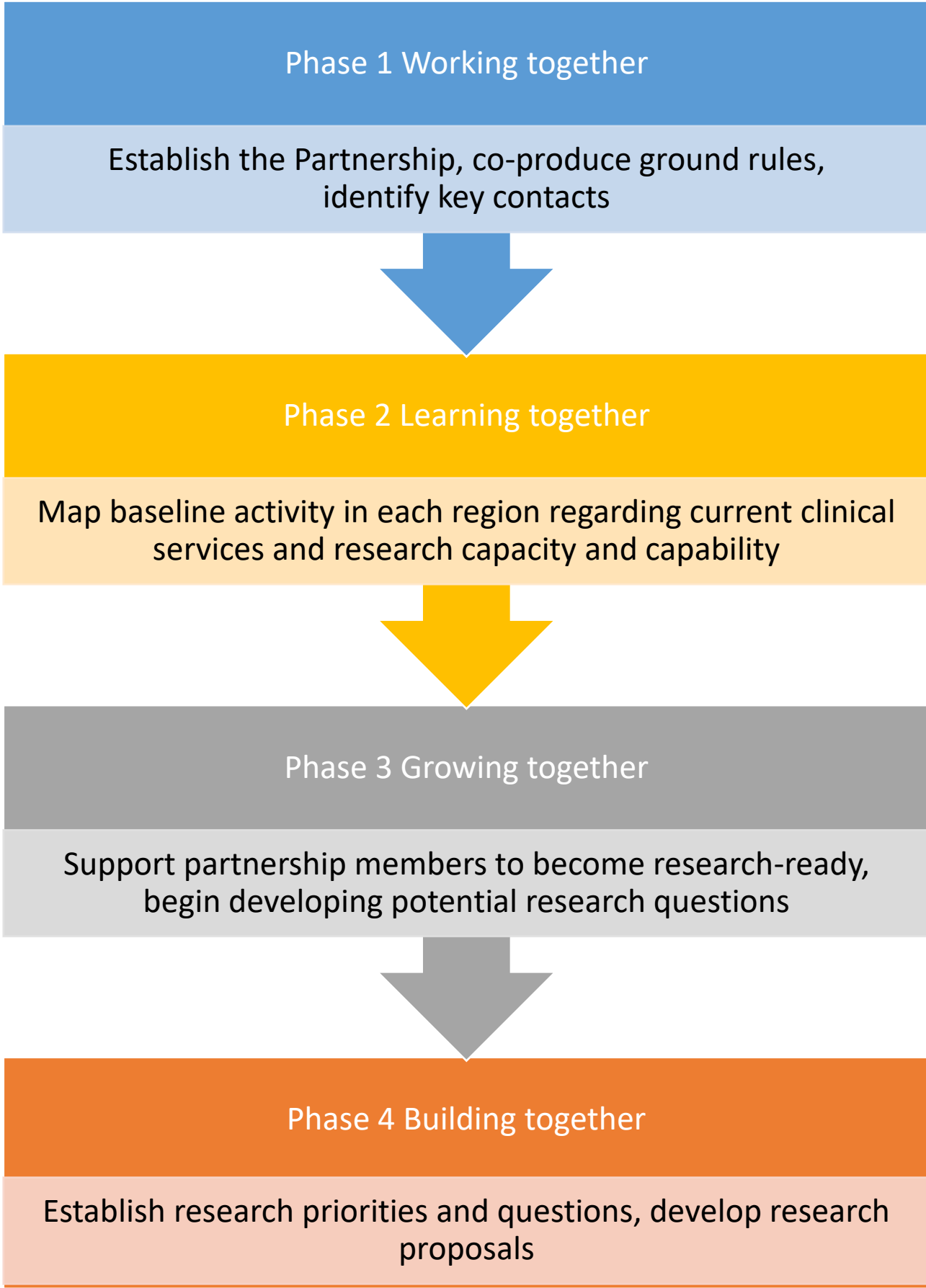
- Living with frailty reduces mental and physical reserves and increases the risk of disability, hospitalisation, and long-term care admission.¹
- Frailty affects around 10% of people aged over 65,¹ increasing to around 65% of people aged over 90.²
- Older people with advancing frailty have complex care needs³ that require an integrated health, social and third sector care approach.
- Currently care services are rarely integrated, which often leads to poor end-of-life care quality.⁴
- Care pathways that better support transitions between goals of care and care settings need to be identified and are a key research priority.⁵

Aim: To develop a cross-sectoral partnership to improve end-of-life care coordination for community-dwelling older people living with frailty.

Design:

- **The Partnership:**
ALLIANCE brings together three diverse regions of England: South East England, South West London and the East Midlands. Members include stakeholders across the NHS, social and third sector care, local government, academic institutions, frail older people and their families.
- **The Approach:**
ALLIANCE uses a co-production approach and places older people and their networks at the centre of every activity. Patient and Public Involvement and Engagement systems are being embedded throughout. ALLIANCE also draws on Cooke’s framework⁶ for developing research capacity in care settings to support members to become research-ready.

The Phases:



Overarching outcome:
To co-produce translational research proposals focused on enhancing the quality of living and dying with advancing frailty.

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