

## **NIHR Health and Care Professional Internship Programme South East – Candidates**

### **Level 1: Stepping into research**

#### **Aneela Aslam**

Nurse, University Hospitals Sussex NHS Foundation Trust  
Area: Patient engagement with new models of care

#### **Christa Wiles**

Social Worker / Psychological Therapist, Sussex Partnership NHS Foundation Trust  
Area: Psychotherapy research and skills

#### **Coral Hurst**

Paramedic, South East Coast Ambulance Service  
Area: Cultural norms in maternity calls before hospital care

#### **Guy Chetwynd-Appleton**

Nurse, Martlets Hospice (part of Southern Hospice Group)  
Area: Burnout and resilience in palliative care staff

#### **Johnathan Williams**

Paramedic, South East Coast Ambulance Service  
Area: Artificial intelligence in pre-hospital settings

#### **Julie Banks**

Nurse, University Hospitals Sussex NHS Foundation Trust  
Area: Palliative and end of life care

#### **Md Abdus Salam**

Diagnostic Radiographer, East Kent Hospitals NHS Trust  
Area: Patient experience and confidence in artificial intelligence for scans

#### **Zoe Tabacek**

Midwife, University Hospitals Sussex NHS Foundation Trust  
Area: Improving access for women who do not speak English

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## Level 2: Growing in research

### **Charlie Strutt**

Speech and Language Therapist, Kent Community Health NHS Foundation Trust

Area: Speech sound disorders

### **Ciarna Brooker**

Therapeutic Radiographer, Royal Surrey NHS Foundation Trust

Area: Internal radiotherapy (brachytherapy)

### **Clare Knight**

Pharmacist, Sussex Community NHS Foundation Trust

Area: Reducing harm from medicines

### **Sofie Litsfeldt**

Nurse, University Hospitals NHS Foundation Trust (Worthing Hospital)

Area: Patient safety in surgery

### **James Barklay**

Physiotherapist, Sussex Community NHS Foundation Trust

Area: Shortage of musculoskeletal placements (bone, joint and muscle care)

### **Julie Stace**

Social Worker, Kent County Council Public Health Team

Area: Alcohol-related brain injury and co-occurring conditions

### **Kirsty Clutterbuck**

Dietitian, University Hospitals Sussex NHS Foundation Trust

Area: Nutrition and obesity in head and neck cancer

### **Monika Mundy**

Occupational Therapist, Royal Surrey NHS Foundation Trust

Area: Wearable technology for older people with frailty

### **Patricia Velazquez-Ruta**

Nurse, East Kent Hospitals NHS Foundation Trust

Area: Care for neurodiverse children

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### **Level 3: Research delivery leadership**

#### **Abi Downham**

Pharmacy Technician, University Hospitals Sussex NHS Foundation Trust  
Area: Clinical trials in pharmacy

#### **Sarah Trust**

Pharmacist, Deans and Central Brighton Primary Care Network  
Area: Medicines optimisation and reducing unnecessary prescriptions

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### **Level 4: Clinical practitioner academic leadership**

#### **Alison Welfare-Wilson**

Nurse, Kent and Medway Mental Health NHS Trust  
Area: Trauma-informed mental health care

#### **Bobbeth Karlene Ledgister**

Registered Mental Health Nurse, Sussex Partnership NHS Foundation Trust  
Area: Behavioural and psychological symptoms of dementia

#### **Ivan Martinjorge**

Biomedical Scientist, University Hospitals Sussex NHS Foundation Trust  
Area: Infection prevention and antimicrobial stewardship

#### **Jenny Coe**

Physiotherapist, University Hospitals Sussex NHS Foundation Trust  
Area: Recovery after lower limb fractures in older adults

#### **Lisa Gower**

Nurse, Pilgrims Hospice  
Area: Quality of life in life-limiting illness

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