



Making a difference, one study at a time – meet Jade Davies

Jade Davies, a Marketing & Communications Manager, shares her experience of working on the DESCALÉ study—a research project that explores the role of clinical pharmacists in reducing opioid dependence after surgery.

Partnering with Kent Community Health NHS Foundation Trust and Kent and Medway Integrated Care Board, Jade brings personal insight and a passion for health research, driven by her own experience with epilepsy medication. Her involvement reflects a commitment to improving future patient care and deepening public understanding of health and wellness in the UK.

Tell us a little bit about the project you are involved in?

The DESCALÉ project is a study carried out in partnership with [Kent Community Health NHS Foundation Trust](#) and [Kent and Medway Integrated Care Board](#) (project led by University of Kent) that aimed to examine whether certain surgeries or illnesses are associated with receiving opioid prescriptions and the risk of subsequent addiction or misuse.

What inspired you to get involved in this project/research?

I decided to get involved in this project because I take daily medication for Epilepsy and I wanted to further understand how research regarding medication is carried out, I'm also very interested in supporting research in general.

What does being a part of research mean to you?

I get to make a difference to people in future.

How has being involved in research impacted you?

It has given me knowledge and understanding of the bigger health and wellness picture in the UK.

What advice would you give to someone looking to be a part of research?

It's a great opportunity to learn and have a greater understanding of a particular subject, which can only ever be a positive thing.