

# ASCOT-ER for Older People

## Developing A Toolkit For Older People Using Social Care Services who need additional support to complete questionnaires

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### WHAT IS THE 'ASCOT-ER' FOR OLDER PEOPLE?



The ASCOT-ER for Older People is an Easy Read adaptation of the Adult Social Care Outcomes Toolkit, known as ASCOT.

ASCOT is designed to capture the aspects of quality of life most impacted by social care. This new 'accessible' version is designed to support the inclusion of people who find completing surveys difficult, due to dementia, mild cognitive impairment, being unfamiliar with surveys or other issues.

We hope it will help more people share their own experiences and views.

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### WHAT WAS THE PURPOSE OF THIS STUDY?



Over half a million older people in the UK are supported by publicly-funded social care services. These services help with day-to-day living in people's own homes, in care/nursing homes and other settings.

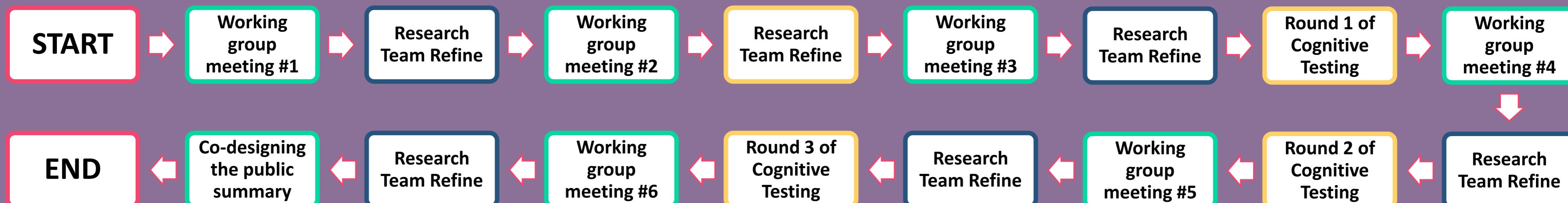
The Adult Social Care Outcomes Toolkit (ASCOT) has been widely used to measure the impact of social care on the quality of life of people supported. However, some older people find the questionnaire difficult to complete.

The aim of this study was to enable more older people to complete the questionnaire themselves, so they can tell care providers, policy makers and researchers how they feel about social care services they receive.

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### HOW WAS THIS NEW VERSION DEVELOPED?

A group of older people, primarily those living with dementia and their supporters/carers, came together as a 'working group' to adapt an existing version of the ASCOT. The new version was then tested with older people who find questionnaires difficult to complete. We had several meetings to refine the tool.



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### WHAT IS DIFFERENT ABOUT THE NEW VERSION?



Our new tool is much improved for older people accessing social care services, and who may find completing surveys difficult, due to either dementia, mild cognitive impairment, being unfamiliar with surveys or any other issues.

All adaptations were based on the working group's suggestions and feedback from piloting the draft tool with people who can find surveys difficult. The tool is more relevant, more understandable and easier to respond to than ever before for this group of people.

If you're interested to use/view the toolkit, visit [www.pssru.ac.uk/ascot](http://www.pssru.ac.uk/ascot) or contact [ascot@kent.ac.uk](mailto:ascot@kent.ac.uk)

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### WHAT DIFFERENCE DO WE HOPE THIS WILL MAKE?



ASCOT is an internationally used outcome measure for social care. This co-designed easy-read toolkit will enable more people to report the impact of services on their quality of life. Care providers and commissioners can use the tool to assess how well services are meeting people's needs.

The tool has already been licensed (for free) for use by the British Red Cross, who will use the measure to evaluate the impact of their services across the UK with the 10,000 older people using their services.

#### WATCH OUR VIDEOS!

Project Overview



Reflections from the working group