

Adult Social Care Fellowships 2024

Dr Stacey Rand

ARC KSS, Social Care Capacity Building Lead

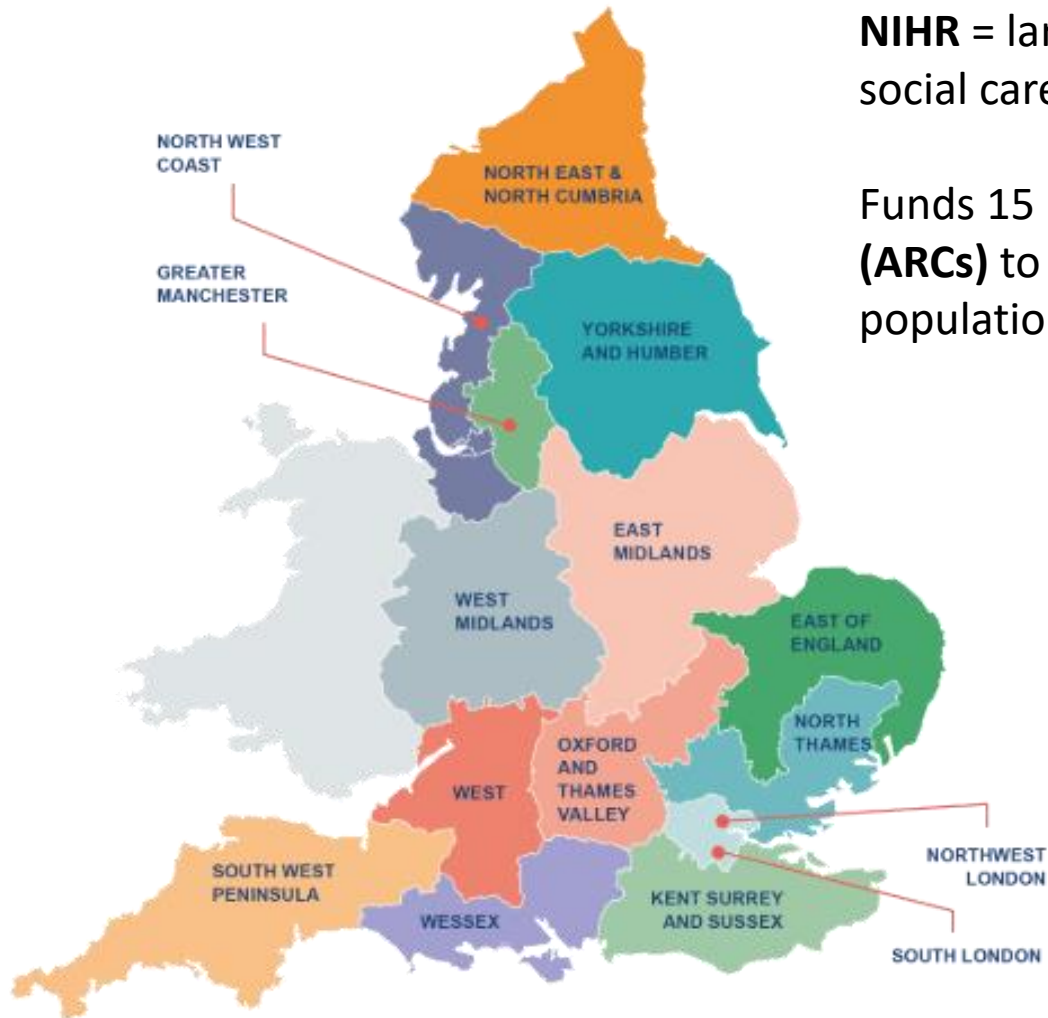
Nick Smith

ARC KSS, Research Fellow in Social Care

Applied Research Collaboration Kent, Surrey & Sussex

NIHR = largest UK funder of applied health and social care research

Funds 15 regional **applied research collaborations (ARCs)** to support applied research to meet local populations, systems and needs





Applied health and social care research

- Research themes and national themes
- Increase the research funding and outputs of impact in the region



Engaging and involving local communities, patients, people using services and the wider public

- Catalyzing co-production and co-design



Capacity building in health and social care research

- Build and grow a sustainable research workforce – practice and academic environments – academy
- Transforming research capacity through learning and development



Implementation of research into practice

- Communities of Practice: “spread and adoption” of evidence into practice
- Measuring progress: dissemination of knowledge including within STPs.

Adult Social Care Fellowships Programme 2024

Who can apply?

- Practitioners or academics with strong links in practice
- Some prior research experience and knowledge, but wish to further develop research skills, experience and knowledge
- Not awarded >£50,000 for research in last 5 years
- Employed by ARC KSS member or organisation that could become a member
 - Universities, local authorities and care providers delivering services in Kent, Surrey and Sussex

Adult Social Care Fellowships Programme 2024

What types of project/activity will be funded?

- ***Themed Project Fellowship (x1)***. Embedded into an ongoing project.
- ***Open Call Fellowships (x2)***. You can propose your own project or activity. This could include:
 - Small scale research project
 - Undertaking a significant programme of research training
 - Developing a programme of research activities
 - Involvement in research delivery
 - Developing new research



Themed Project Fellowship

Embedded into an ongoing project.

ARC National Priority Programme: Well-being in care homes

- Aims to further develop quality of life approaches to care planning in older adult care homes.
- Piloting and evaluating the ASCOT approach to care planning in an older adult care home in Kent, Surrey, Sussex.
- Includes time in an older adult care home, supporting implementation, conducting evaluation fieldwork.
- Supported by the lead researcher at Kent.
- Working as part of a team from five Universities and public advisors.

Themed Project Fellowship

- Wider training package alongside project work.
- Support from the Adult Social Care Fellowships Programme.
- Funding is for up to 18 months, from **1st October 2024**
- You will need to work with n.j.smith@kent.ac.uk to develop an application.

- Further information: **project event online 16th May 14:00-16:00**
 - <https://www.eventbrite.co.uk/e/care-planning-in-older-adult-care-homes-a-research-study-webinar-tickets-872550470947>



Open Call Fellowship

- Project or activity that aligns to ARC KSS Adult Social Care theme
 - See guidance for full details
- Embedded in or working alongside adult social care services
 - Local authority, provider (public, private, not for profit), VCSOs
- Research activity or project that is applied, with potential to:
 - Benefit people using services, their families/carers and public.
 - Change/improve practice or policy, especially in areas of local priority or need.

Funding is for up to 18 months, from **1st October 2024**

You will need to identify and work with an academic supervisor to prepare the application.

If you need help in finding a supervisor, please contact Stacey Rand:
s.e.rand@kent.ac.uk.

How do I apply?

- Application form and guidance are available. **Read it carefully!**
 - Contact: arckssacademy@kent.ac.uk
- Deadline: 28th June 2024, 5pm

The application will require:

- Approvals from your line manager and academic supervisor
 - **Make sure you discuss and gain support.**
- Details of your project/activity, proposed training/development and why you wish to apply, i.e., what difference it will make to you and your career
- Costing. You will need to cost your project within funds available
 - Salary - **£30,334** (excluding overheads, estates & indirects)
 - Supervisor - **£8,000**
 - Other costs (e.g. travel, training, PCIE, conferences) - **£20,000**
 - Co-funding - **£2,500**

Public and Community Involvement & Engagement (PCIE)

Applied health and social care research typically involve people using services, their families/carers and the public

- To ensure their perspectives are integrated into how research is developed, planned, delivered and disseminated/shared
- It is important to consider equality, diversity and inclusion (EDI), especially in PCIE, to make sure different people are able to participate.

PCIE is an important research skill/experience for applied health and social care research.

If this is new to you, then please read the PCIE guidance carefully and consider including training/support to learn more about PCIE in your Award.

Pathway to Practice, Implementation, Dissemination and Impact

- How will your project/activity will be embedded in relevant services and how this will support the transfer of findings into practice?
 - Consider what you expect to find/do...
 - **Who** will want to know about it?
 - **How** may it influence practice?
 - **What** then do you need to do/plan to support that?
- How will you disseminate the findings of your research?
 - Conferences, journal articles, blogs, videos, websites, social media...
 - Different approaches for different people?

Pathway to Practice, Implementation, Dissemination and Impact



Pathway to Practice, Implementation, Dissemination and Impact



SCRIBE WED 21/2/24

Pathway to Practice, Implementation, Dissemination and Impact

CONTACT

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Care Research

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Food and drink in later life: the role of homecare

In the UK there are around 1.3 million undernourished older adults. There are various reasons why some older people are at higher risk of undernourishment than others – for example, social isolation, health issues, limited mobility or cognitive impairment, accessibility of shops and food outlets, transport and limited household income. Most of the research about older people’s food and drink-related needs focuses on residential or nursing care homes, but less is known about older people living at home, who use homecare. Research led by Stacey Rand, Senior Research Fellow at PSSRU, University of Kent, finds that approaches to food and drink are often over-medicalised, and that the role and value of homecare in this area needs to be better understood.

Wednesday, February 21st, 2024

Written by:



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University of Kent,

Senior Research Fellow,
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[View online profile →](#)

Other blog posts:



Blog post ▶

23 February 2024

Timeline for Applications



Any questions?

Guidance: <https://arc-kss.nihr.ac.uk/document-download/524-arc-kss-social-care-fellowships-guidance-final/file>

Application form (download from): <https://arc-kss.nihr.ac.uk/news/new-adult-social-care-fellowship-opportunities-launched>

Contacts: ARCKSSAcademy@kent.ac.uk (General enquiries)
s.e.rand@kent.ac.uk (Open Call, supervisors)
n.j.smith@kent.ac.uk (Themed Project Call)