

**Lead by University of Birmingham and Kings College  
London.**

**Involving: University of Hertfordshire, Newcastle University  
and University of Kent  
Arc Kent Surrey and Sussex  
Arc West Midlands  
Arc South London  
North East and North Cumbria Arc  
East of England Arc**

Strengths-based (also referred to as 'asset-based') approaches (SBA) are advocated as an underpinning philosophy for social care and social work and as a way to organise and deliver social care services within the wider health and social care system. This includes: preventative approaches that enable people to access support from their informal networks or community based organisations; person-centred social care for people with care needs; social prescribing (i.e. the provision of non-medical support through the health service – often primary care – to help promote health-related wellbeing); and as a shared model to promote integrated care. There are a number of specific initiatives that adopt a SBA for the delivery of social care. One prominent model is Community Led Support

The aims of the project are to understand, one, how the Community-led support (CLS) model is understood by National Development Teams for Inclusion (NDTI) and their partners, and two, their underpinning theories of change which explain their approach. We would like to further evaluate materials used to embed the CLS programme and extend out qualitative analysis to understand the impact of CLS focusing on specific sub-groups and diverse populations.

**This study is an evaluation using mixed methods  
to understand local and national impacts of the  
CLS programme (using qualitative case studies as  
well as large data sets to evaluate potential  
national impact.**

### **Public and Community Involvement, Engagement and Participation**

We have consulted with professional with experience of implementing the CLS programme twice throughout the project, to ask for their insights about how to investigate certain practices and what would be most useful for them to know. We have also recruited and consulted with a group of people with lived experience of CLS in their own local area, who had social care needs. They have shaped our research materials and our presentations and outputs.

### **Dissemination**

We are producing a report which will be used by NDTi to inform their processes and published on their website. We will also produce several animations to explain the key findings regarding the concepts of leadership, co-production and culture. We have presented at the NDTi gatherings and hosted workshops at these events.



**To find out  
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