



The British
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NIHR | Applied Research Collaboration
Kent, Surrey and Sussex



PARENTAL MENTAL HEALTH NETWORK CONFERENCE 2023

A two-day event bringing together academics, policy makers, clinicians, charities, and people with lived experience to explore the question:

HOW CAN WE PREVENT POOR MENTAL HEALTH RUNNING IN FAMILIES?

Conference themes include:

- Learning from a decade of family focused practice in Northern Ireland
- Parenting with anxiety and with psychosis
- Intervention for parents in mental health hospital
- How to address the stigma of parental mental health
- New developments in preventative research for child mental health: German perspectives

Each day will offer talks from leaders in the field alongside workshops to support participants in engaging with this key question.

Taking place on 15th and 16th November 2023, Holiday Inn Brighton

Sign up for tickets at <https://forms.gle/LhL9vaR8o68fLRLR7>

Email: pmhnetwork23@gmail.com