

AGENDA

Applied Research Collaboration Kent, Surrey, Sussex (ARC KSS)

SPRING SYMPOSIUM: SPOTLIGHT ON RESEARCH

Tuesday 22 March 10:00am - 12:00pm

Virtual Meeting

<https://zoom.us/j/98566422761?pwd=SEFNZlZlR3pxUUozR2YvZ3JlVW9wdz09>

Meeting ID: 985 6642 2761

Passcode: 330712

Chair: Professor Stephen Peckham, ARC KSS Director

	Agenda Item	Member	Timing
10:00	Welcome and introductions <ul style="list-style-type: none"> ➤ Welcome - Professor Stephen Peckham 	SP	5 mins
10:05	Presentation 1 <ul style="list-style-type: none"> ➤ Dr Julie MacInnes, University of Kent Community-based volunteering in response to Covid-19: The COV-VOL project 	JM	15 mins + 5 mins Q&A
10:25	Presentation 2 <ul style="list-style-type: none"> ➤ Professor Nicola Yuill, Zubeida Dasgupta, Devyn Glass, University of Sussex Online or in-person therapy: Research-informed guidelines for communication: The Zoom or Room study 	NY	15 mins + 5 mins Q&A
10:45	Presentation 3 <ul style="list-style-type: none"> ➤ Becca Randell, ARC KSS and Nicola Harvey, YMCA Downslink Pan Sussex CYP Mental Health Digital Review 	BC/NH	15 mins + 5 mins Q&A
11:05	Presentation 4 <ul style="list-style-type: none"> ➤ Pippa Shaw, ARC KSS Launch of the "how to guide" Public & Community, Involvement & Engagement (PCIE) 	PS	15 mins + 5 mins Q&A
11:25	Presentation 5 <ul style="list-style-type: none"> ➤ Dr Jennifer Glendenning and Dr Catherine Harper Wynne, East Kent Hospitals University NHS Foundation Trust Personalised exercise prescription via online video platform for use in a future in randomized clinical trial 	JG/CHW	10 mins + 5 mins Q&A
11:40	Presentation 6 <ul style="list-style-type: none"> ➤ Hannah Chambers, East Kent Hospitals University NHS Foundation fibromyalgia Education for people with a New diagnosis (LEARN study) 	HC	10 mins + 5 mins Q&A
11:55	Close <ul style="list-style-type: none"> ➤ Professor Stephen Peckham ➤ Next Symposium: 23rd June 2022 with a focus on EDI (face to face, venue tbc) 	SP	5 mins