

## AGENDA

Applied Research Collaboration Kent, Surrey, Sussex (ARC KSS)

### SPRING SYMPOSIUM: SPOTLIGHT ON RESEARCH

Tuesday 22 March 10:00am - 12:00pm

Virtual Meeting

<https://zoom.us/j/98566422761?pwd=SEFNZlZlR3pxUUozR2YvZ3JlVW9wdz09>

Meeting ID: 985 6642 2761

Passcode: 330712

Chair: Professor Stephen Peckham, ARC KSS Director

|       | Agenda Item  | Member | Timing               |
|-------|--|--------|----------------------|
| 10:00 | <b>Welcome and introductions</b> <ul style="list-style-type: none"> <li>➤ Welcome - Professor Stephen Peckham</li> </ul>   | SP     | 5 mins               |
| 10:05 | <b>Presentation 1</b> <ul style="list-style-type: none"> <li>➤ Dr Julie MacInnes, University of Kent<br/><b>Community-based volunteering in response to Covid-19: The COV-VOL project</b></li> </ul>   | JM     | 15 mins + 5 mins Q&A |
| 10:25 | <b>Presentation 2</b> <ul style="list-style-type: none"> <li>➤ Professor Nicola Yuill, University of Sussex<br/><b>Online or in-person therapy: Research-informed guidelines for communication: The Zoom or Room study</b></li> </ul>  | NY     | 15 mins + 5 mins Q&A |
| 10:45 | <b>Presentation 3</b> <ul style="list-style-type: none"> <li>➤ Becca Randell, ARC KSS and Nicola Harvey, YMCA Downslink<br/><b>Pan Sussex CYP Mental Health Digital Review</b></li> </ul>  | BC/NH  | 15 mins + 5 mins Q&A |
| 11:05 | <b>Presentation 4</b> <ul style="list-style-type: none"> <li>➤ Pippa Shaw, ARC KSS<br/><b>Launch of the "how to guide" Public &amp; Community, Involvement &amp; Engagement (PCIE)</b></li> </ul>  | PS     | 15 mins + 5 mins Q&A |
| 11:25 | <b>Presentation 5</b> <ul style="list-style-type: none"> <li>➤ Dr Jennifer Glendenning and Catherine Harper Wynne, East Kent Hospitals University NHS Foundation Trust<br/><b>Personalised exercise prescription via online video platform for use in a future in randomized clinical trial</b></li> </ul> | JG/CHW | 10 mins + 5 mins Q&A |
| 11:40 | <b>Presentation 6</b> <ul style="list-style-type: none"> <li>➤ Dr Hannah Chambers, East Kent Hospitals University NHS Foundation<br/><b>fibromyalgia Education for people with a New diagnosis (LEARN study)</b></li> </ul>  | HC     | 10 mins + 5 mins Q&A |
| 11:55 | <b>Close</b> <ul style="list-style-type: none"> <li>➤ Professor Stephen Peckham</li> <li>➤ Next Symposium: 23<sup>rd</sup> June 2022 with a focus on EDI (face to face, venue tbc)</li> </ul>  | SP     | 5 mins               |