OVERVIEW

- **Introduction to two SPFT ARC KSS studies (DISCOVERY AND RMAS)**

- **Delivery of ARC studies centred around communities**

- **ARC study delivery impact and outcomes**

DisCOVery & R-MAS

DisCOVery

Recovery alongside social isolation: Research into the mental health impacts of COVID-19 for young people

We would like to find out more about The mental and social wellbeing of people in rural and coastal communities and people accessing health, community or social support services.

R-MAS

The 'Remote' memory clinic: responding to the clinical need in times of COVID-19 restrictions - a study of patient satisfaction and impact on clinical outcomes related to dementia diagnosis

R-MAS OVERVIEW

• A pragmatic study of patient, carer and clinician experience and satisfaction with 'remote' memory assessment following the introduction of COVID-19 restrictions in 2020 (questionnaire and interview based)

• **Funded by NIHR KSS ARC COVID-19 Rapid Response grant**

• 3 sites: Sussex Partnership NHS Foundation Trust (SPT), Surrey and Borders Partnership NHS Foundation Trust (SABT) and South London and Maudsley NHS Foundation Trust (SLaM)

R-MAS

Patient experience of remote MAS

- Patients who had remote assessment, any diagnosis
- Telephone/video satisfaction questionnaire
- Invite at diagnostic consultation (remote)

R-MAS study Team

Dr Nicolas Farina, Quantitative Analysis Lead, BSMS

Emma Porter, RA

Dr Stephanie Daley, Qualitative Analysis Lead, BSMS

Dr Latha Velayudhan, PI SLaM/KCL

Dr Gosia Raczek, CI, BSMS/SPT

Dr Rajesh Abraham, PI SABP

DisCOVery Overview

- What are the social and psychological impacts of the COVID-19 pandemic on young people, particularly for those high-risk and hard to reach populations in deprived rural and coastal communities?

- What are the characteristics of the most vulnerable and people at highest risk to negative psychological and social impacts of the evolving COVID-19 pandemic?

Study delivered at:

SPFT

Norfolk and Suffolk NHS Foundation Trust

SABP

KMPT

- This study aims to facilitate individual and community recovery from the wide social and economic consequences of the pandemic by **a)** examining key factors relating to young people's risk and resilience in response to the COVID-19 pandemic and associated social restrictions, and **b)** develop a local situational analysis to understand the needs and priorities of those identified as the most vulnerable, particularly across areas of socioeconomic deprivation in rural and coastal deprived communities.

RESEARCH AROUND THE COMMUNITY - DisCOVery

Inclusion Criteria:

16-25 year olds

+ participants (up to the age of 35) who had previously been involved in Dr. David Fowler's study PRODIGY

- Specific focus on areas of socioeconomic deprivation, including deprived rural and coastal communities

- Young people with current involvement within clinical, well-being, social care and voluntary sector services across Kent, Surrey, Sussex and Norfolk.

- Young people who may be struggling with their mental well-being and who may not be engaging with a service (such as mental health services), who may be socially isolated, hard-to-reach and/or living in deprived rural and coastal communities across Kent, Surrey, Sussex and Norfolk.

RESEARCH AROUND THE COMMUNITY – DisCOVery

- The qualitative interview schedule for the study was designed in consultation with members of the Sussex Partnership NHS Trust youth PPI café (young people (16-25 years old) with lived experience who have an interest in research).

- In response to feedback from the youth PPI cafe, the overall outline of the interview schedule was re-structured and some of the questions were re-worded. As per the suggestion of the PPI cafe, potential participants will be offered the opportunity to see the key interview questions before meeting with a member of the research team to take part in the interview.

- Youth PPI Café made recommendations on recruitment strategies (e.g. service users may not follow social media accounts of the services they're accessing. Instead, make every effort to link in with wider non-clinical services)

DisCOVery- Recruitment

Sussex Partnership – 90+ participants

Kent and Medway – 19 participants (*)

Surrey and Borders – 8 participants

Norfolk and Suffolk – 10 participants

Recruitment in focus for DisCOVery:

- Everyone Counts – SPFT opt-out register (Trustworthy source, actual direct contact)

- SPFT Clinical Teams (ATS teams, Early Intervention services)

- GP PIC Site (In area of higher social deprivation)

- Third Sector services – iRock (Hastings), Find it Out+ (Worthing) + 80 others

- Social Care

ARC + TRUST COLLABORATION THROUGH DESIGN, SET-UP, DELIVERY AND DISSEMINATION

Design and Set-up

Chief Investigators at Uni of Sussex and SPFT (**ARC, Uni + SPFT**)

Post-Doc and PhD students at University - Youth Mapping Project (**ARC, Uni + SPFT**)

Research & Development Improvement Manager (**ARC, Uni + SPFT**)

Youth PPI Café (**SPFT**)

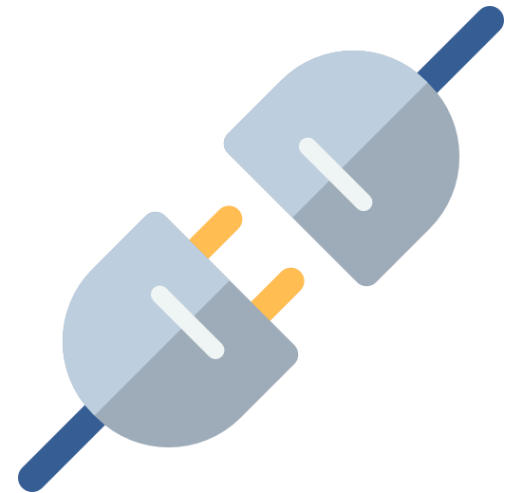LEAP Panels (**SPFT**)

Delivery

Clinical Research Coordinators + Research Assistants + ARC researchers (**SPFT + ARC**)

Youth PPI Café (SPFT)

Support with linking in with our KSS partners in Kent and Surrey (**ARC + CRN**)

Dissemination and Implementation

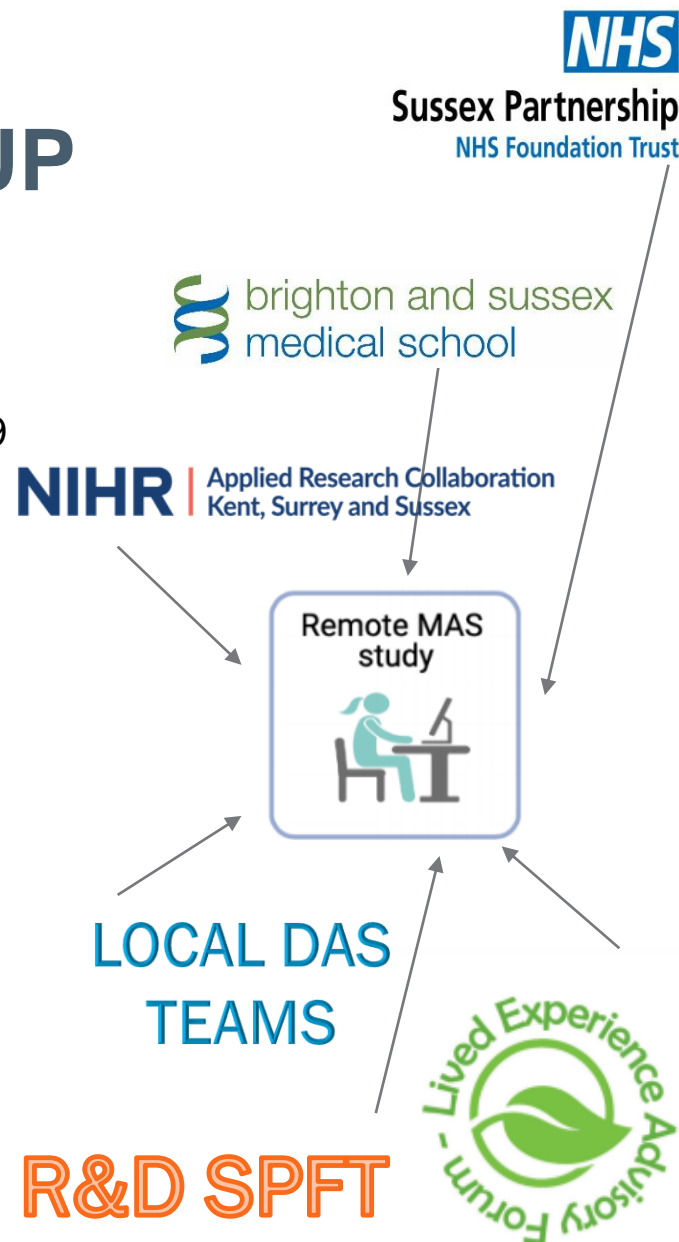Senior Researchers + Implementation leads (**Uni, ARC + SPFT**)

RESEARCH AROUND THE COMMUNITY – RMAS SET UP

Study was set up to evaluate patient experiences of remote Memory Assessment Services (MAS). Local MAS teams set up remote pathways to continue the service safely during Covid-19 (and respond to decreasing diagnosis rates)

Study was created collaboratively with:

➤ ARC Implementation Lead- Living well with Dementia (Kathy Sykes)

➤ Local service clinical colleagues (Nurses, Practitioners, Psychiatrists) SPFT and SABP

➤ R&D department at SPFT

➤ BSMS Centre of Dementia Studies Academics

➤ LEAF Group

Accelerated Covid-19 REC review allowed a quick set up

Remote MAS study

LOCAL DAS TEAMS

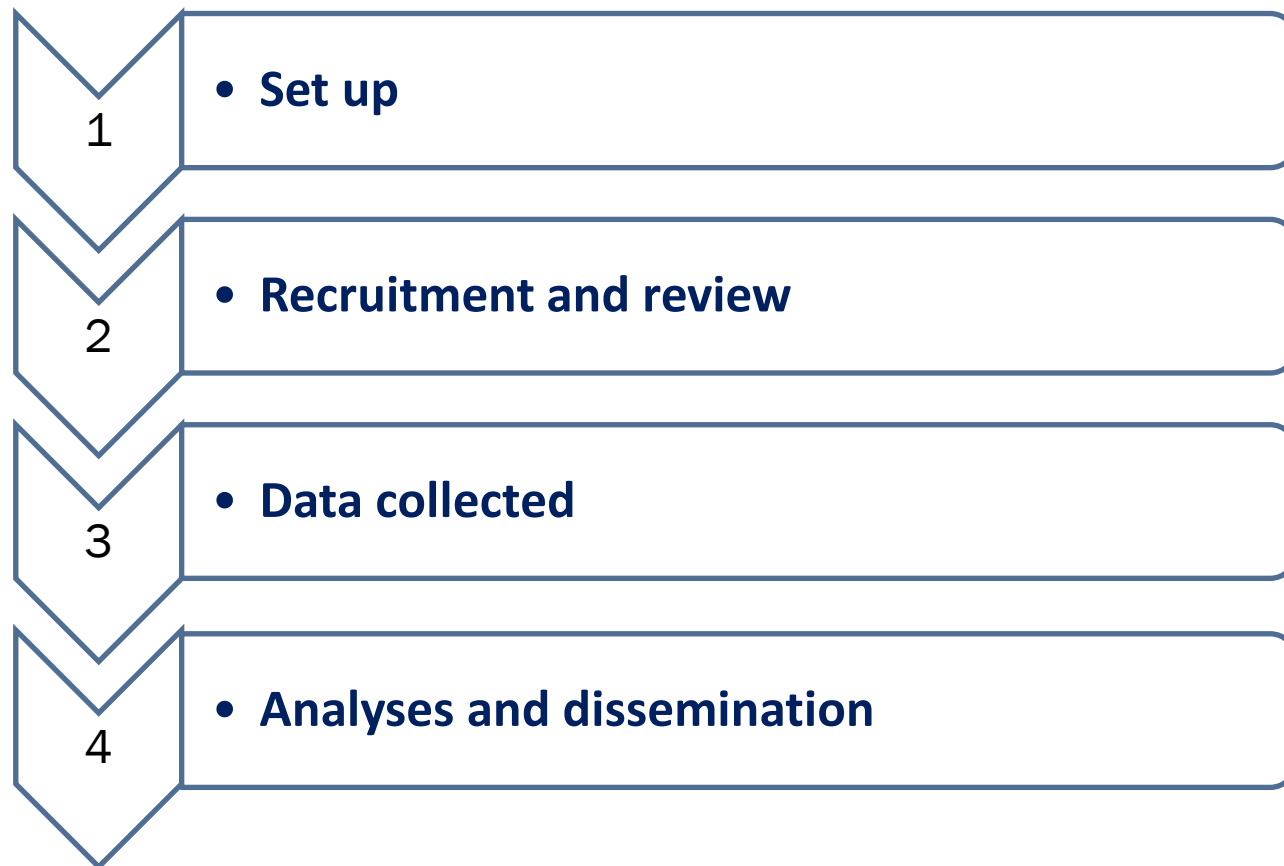R&D SPFT

Lived Experience Advisory Forum
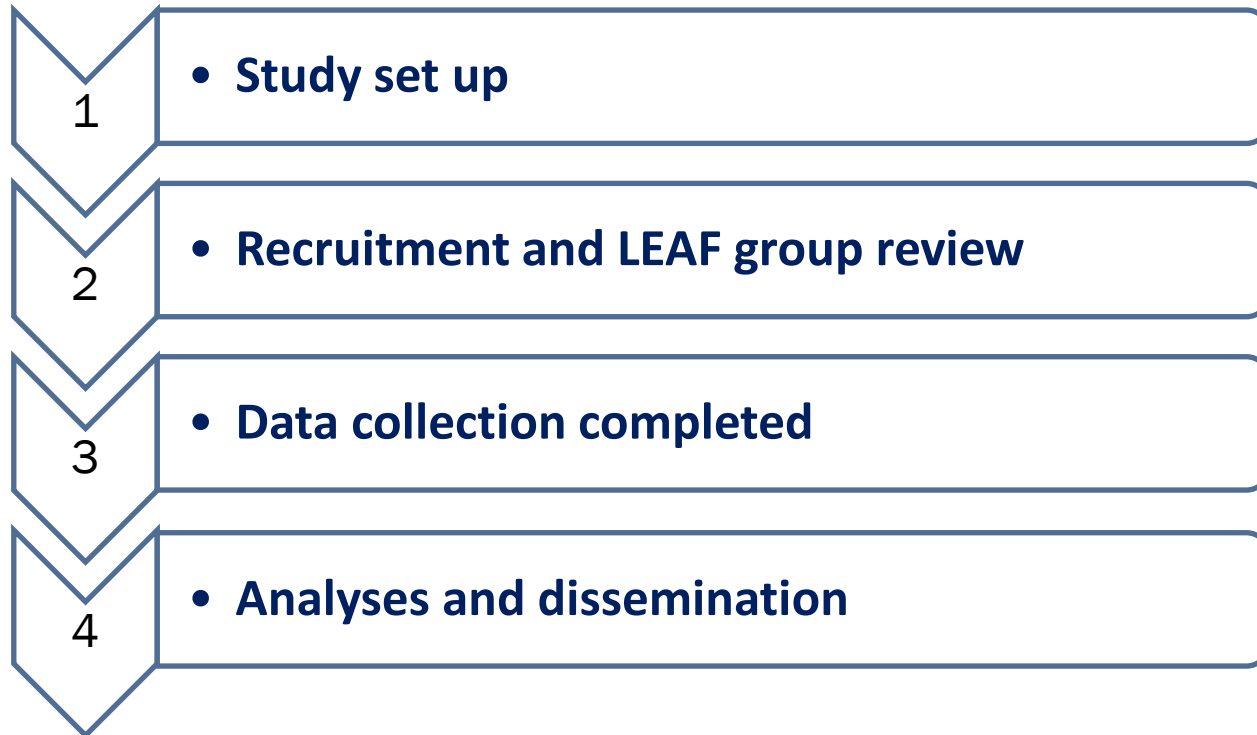
RESEARCH AROUND THE COMMUNITY – RMAS DATA COLLECTION

➢ Close study team and clinical team relationship for referrals (regular contact, invited to team meetings, researcher shadowing remote MAS)

➢ The LEAF group have supported throughout:
  ➢ Researcher understanding of MAS services
  ➢ Review of study documents
  ➢ Review of Interview guide and interim results
  ➢ Supported the set up of Clinician Interviews

➢ Research Team with ARC introduced a study extension to investigate clinician perspectives of delivering Remote – MAS

LOCAL DAS TEAMS

DISCOVERY RESEARCH PATHWAY SO FAR

1
- **Set up**

2
- **Recruitment and review**

3
- **Data collected**

4
- **Analyses and dissemination**

RMAS RESEARCH PATHWAY SO FAR

1
- **Study set up**

2
- **Recruitment and LEAF group review**
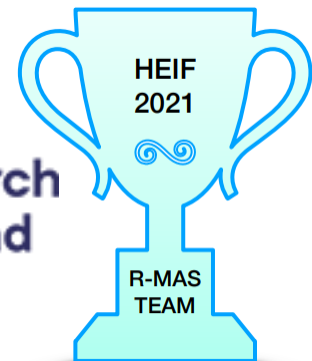
3
- **Data collection completed**

4
- **Analyses and dissemination**

Good Practice evidence from interviews will be used to help shape guidance for remote MAS. The Team (including ARC staff) have won a Higher Education Innovation Fund (UKRI) grant to develop a toolkit and an animated film for a patient guidance for a remote memory assessment pathway in other services across the country

UKRI

Research England

HEIF 2021

R-MAS TEAM

NEXT STEPS + FUTURE PROJECTS

- **Analysis**

- **Implementation**

- **Service impact and transformation**

- **At SPFT, we are adept at supporting set-up, delivery and analysis, however, dissemination and implementation in our clinical services has historically been an area where we've struggled with our reach and impact. Our Clinics have allowed us to bridge part of this gap. These clinics are also a vital resource in the set-up and delivery of research studies.**

Clinics at SPFT

OCD
Eating Disorder
Voices
Immunopsychiatry

Clinics Opening Soon at SPFT

PTSD
Neurobehavioural
Slow Mo
Schools Liaison CHYPS

Thank you!

Any Questions?

GET IN TOUCH!

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