NIHR Applied Research Collaboration Kent, Surrey and Sussex

Co-production- Together we are better

A leaflet for the public

What we mean by co-production

Co-production is a way of working, where professionals and the public work together on an equal basis from the start to the end of a project. Together they share the work and reach decisions. For the Applied Research Collaboration Kent, Surrey and Sussex this means co-producing research or services in health and social care.

The starting point is valuing the experience of people who access health and social care services and their families. They are best placed to know what works. We can't get our research or services right without them.

Co-design

We will seek to find a shared vision for the research or service.

We will get to know each other and find the best way of working together.

We will build the vision with you.

We want to work with you because we need all the right people and all of the right skills to achieve the shared vision.

Co-decision making

Making the vision a reality will mean everybody involved having an equal voice.

We can discuss what and how much you would like to do.

We will find and agree on solutions together.

You might want to start small, or be ready for a challenge, we won't make assumptions!

You will be a key part of finding the right solution. Together we are better.

Everybody works together on an equal basis

Co-evaluation

We will learn from working together and share this learning with others.

We will reflect on our work together by talking to each other about how it is going.

Everyone can be open and honest about their experience, and feel free to say how it can be improved and what we have learnt from working together.

This leaflet was designed by the Co-production theme, including Janice Clark, ARC Public Advisor, Lisa Richardson, Vanessa Abrahamson (Researchers) and Nadia Brookes (Theme lead). Contact Nadia to find out more- <u>N.K.Brookes@Kent.ac.uk</u>

In producing this leaflet we have drawn on two sources:

Think Local Act Personal, ten top tips and The Social Care Institute for Excellence. Contact us if you'd like to know more about these sources.

Co-delivery

Together we will work on making our shared vision a reality. This will mean everyone listening to and respecting different views and ideas.

You can be involved as little or as much as you want all the way through the work.

We would like to work with you and make sure everyone has the resources they need to make the work a success.