

### ARC KSS INDIVIDUAL DEVELOPMENT AWARDS

Award Type	Awarded	Name	Project	Organisation	Job Role
Investment in Future Research Leaders	April 2021	Dr Jo Bayly	Optimising person-centred escalation plans and communication across health and social care systems: experiences of patients, families and practitioners to sustain innovations during and after COVID-19 pandemic.	St Barnabas Hospice (supported through a SLA with Western Sussex NHS Foundation Trust)	Research Lead and Clinical Academic in Palliative Care and Physiotherapy
Investment in Future Research Leaders	April 2021	Dr Anna Cox	A feasibility study exploring the acceptability, use and perceived impact of Together Project resources, co-produced to support the delivery of good maternity care for people with learning disabilities.	University of Surrey	Research Fellow
Investment in Future Research Leaders	April 2021	Dr Will Farr	"Tangiball": Acceptability of a Smart Toy for the Clinical Detection of Sensori-Motor Dysfunction in Children with possible Autism Aged 2-5.	Sussex Community NHS Foundation Trust	Senior Research Fellow
Investment in Future Research Leaders	April 2021	Cynthia Ngozi Fasola	Identifying the Palliative Care Practitioner Best Suited to Implement the Carer Support Needs Assessment Tool (CSNAT).	Hospice in the Weald	Research Manager/Palliative Care Researcher
Investment in Future Research Leaders	April 2021	Dr Luke Hodgson	The H2H Study: Hospital -to-Home digitally enabled exercise pathways to improve older adult's post-operative outcomes during the COVID pandemic.	University Hospitals Sussex NHS Foundation Trust	Consultant Intensive Care & Respiratory Medicine

Investment in Future Research Leaders	April 2021	Dr Josie Jenkinson	Use of Technology Integrated Healthcare Management to support people with dementia and delirium following discharge from hospital.	Surrey and Borders Partnership NHS Trust	Consultant Psychiatrist for Older People
Investment in Future Research Leaders	April 2021	Dr Marija Pantelic	Living Well with HIV: Co-producing pathways for integrating HIV and mental health services in KSS.	BSMS and University of Sussex	Public Health Lecturer
SpringBoard	January 2022	Sandra Dooley	Building skills to apply for other research programmes or national fellowships  Interest in digital programme of Cardiac Rehabilitation	University Hospitals Sussex NHS Foundation Trust	Physiotherapist
SpringBoard	January 2022	Sharla Elder	Building skills to apply for other research programmes or national fellowships  Interest in Non Pharmacological management of breathlessness	University Hospitals Sussex NHS Foundation Trust	Lead Respiratory Nurse Specialist
SpringBoard	January 2022	Brenna Fossey	Building skills to apply for other research programmes or national fellowships  Interest in establishing means of integrating research into SLT department.	East Kent Hospitals University Foundation Trust	Speech and Language Therapist Head of Service and Clinical Lead
SpringBoard	January 2022	Jia Hui Gan	Building skills to apply for other research programmes or national fellowships  Interest in safety and feasibility of early weight bearing following fractures in patients in the community setting.	Royal Surrey NHS Foundation Trust	Physiotherapy Team Lead/Physiotherapist

SpringBoard	January 2022	Nandani Maharaj-Munro	Building skills to apply for other research programmes or national fellowships  Interest is in health care for under-represented populations with Dementia particularly in Black, Asian and Minority Ethnic (BME) populations	Sussex Partnership NHS Foundation Trust	Non-Medical Nurse Prescriber
SpringBoard	January 2022	Alys Mathers	Building skills to apply for other research programmes or national fellowships  Interest in how digital technology can facilitate communication between therapy services and service users.	East Kent Hospitals University NHS Foundation Trust	Highly Specialist Speech and Language Therapist
SpringBoard	February 2022	Emma Meadows	Building skills to apply for other research programmes or national fellowships  Interest in midwifery research	University Hospitals Sussex NHS Foundation Trust	Research Midwife
Investment in Future Research Leaders	April 2022	Dr Claire Bates	Supporting autistic people – best practice surrounding sexuality and intimate relationships	Choice Support	Supported Loving Leader
Investment in Future Research Leaders	April 2022	Abby Dunn	Design and Feasibility Trial of a Co-produced Parenting Programme for Inpatients (COPPI)	University of Sussex	Research Fellow
Investment in Future Research Leaders	April 2022	Dr Natalie Edelman	Supporting contraception and parenting choices and associated mental health among asylum seeking and citizen care leavers	University of Brighton	Principal Research Fellow

Investment in Future Research Leaders	April 2022	Dr Nyangi Gityamwi	Management of Covid-19 related hyperglycaemia (CovHG) in primary care: A pilot and feasibility study to assess service user and clinicians' experiences, treatment outcomes and the potential for technology-enabled care.	University of Surrey	Post-Doctoral Research Fellow,
Investment in Future Research Leaders	April 2022	Dr Todd Leckie	The H3 (home-hospital-home) study – a non-randomised feasibility intervention study investigating a digitally enabled colorectal cancer peri-operative pathway	University Hospitals Sussex NHS Foundation Trust	Intensive Care and Anaesthetic Research Registrar
Investment in Future Research Leaders	April 2022	Dr Afrodita Marcu	Co-producing an intervention toolkit with and for women of Black African and Black Caribbean descent to promote early presentation with breast cancer symptoms	University of Surrey	Research Fellow
Investment in Future Research Leaders	April 2022	Dr Sam Robertson	An Exploration of the Experience of Peer Workers in SPFT, with Particular Focus on Emotional Labour, with the Aim of Developing a Good Practice Guide for Peer Working	Sussex Partnership NHS Foundation Trust (SPFT)	Lead Service User and Carer Involvement; Lead AIR (Approaches to Involvement and Recovery) Research Theme; and Post-Doctoral Researcher
SpringBoard	July 2022	Dr Athena Duffy	Building skills to apply for other research programmes or national fellowships  Interest in the experiences of the gypsy, roma, traveller, showmen, boatmen (GRTSB) community in accessing and engaging in perinatal mental health	Kent and Medway NHS and Social Care Partnership Trust	Consultant Clinical Psychologist

SpringBoard	July 2022	Dr Carolina Goncalves	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in exploring the use of mobility as an early sign of deterioration for people living with dementia who are admitted to an acute hospital setting.</p>	University Hospital Sussex NHS Foundation Trust	Physiotherapist
SpringBoard	July 2022	Chris Horler	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in effective communication and improving safety netting practice in primary care musculoskeletal NHS physiotherapy settings.</p>	Sussex Community NHS Foundation Trust	Advanced Practitioner Physiotherapist
SpringBoard	July 2022	Rebecca Julier	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in rehabilitation approaches used to manage swallowing difficulties (dysphagia)</p>	Sussex Community Foundation Trust	Specialist Speech and Language Therapist
SpringBoard	July 2022	Dr Jihad Malasi	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in how has utilisation changed with the changes in quality and outcomes framework (QOF)</p>	Whitstable Medical Practice	GP

SpringBoard	July 2022	Dr Oluwatoyin Sorinmade	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in research on human rights, mental health law, empowering individuals with their decisional autonomy, improving the quality of lives of older adults, and promoting the welfare of PLWD.</p>	Kent and Medway NHS & Social Care Partnership Trust	Consultant in Old Age Psychiatry
SpringBoard	January 2023	Dr Jennifer Eeles	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in interventions for adolescents with dysregulated emotion and associated emotionally reactive, harmful behaviours.</p>	Sussex Partnership NHS Foundation Trust	Lead Clinician, Urgent Assessment and Home Treatment/DBT lead
SpringBoard	January 2023	Alice Extance	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in the reduction of weight bias related healthcare inequalities within intensive care.</p>	Royal Surrey Hospital	Lead Intensive Care Dietician
SpringBoard	February 2024	Kiran Flynn	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in considering whether short-term systemic interventions with children and their systems of care can improve representation and access to Child and Adolescent Mental Health Services (CAMHS) for children from ethnic minority backgrounds in West Sussex.</p>	Sussex Partnership NHS Foundation Trust	Senior/Highly Specialist Family and Systemic Psychotherapist

SpringBoard	January 2023	Nichola Livermore	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in exploring and developing research questions/activities as part of the pilot project evaluating the "Pathway Support Worker" role in Brighton and Hove CAMHS services.</p>	Sussex Partnership NHS Foundation Trust	Senior Assistant Psychologist
SpringBoard	January 2023	Iyabo Magaji	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest concerns the under-detection of hypertension within the community, especially within the hard-to-reach groups and the role that primary care optometrists could play by carrying out blood pressure checks in primary optometry practice, along with the associated barriers for their participation.</p>	Sanford Opticians	Optometrist
SpringBoard	January 2023	Nikola Nikolić	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in pharmacy research in mental health</p>	Sussex Partnership NHS Foundation Trust	Lead Pharmacist, Independent Prescriber and Advanced Clinical Practitioner

SpringBoard	November 2022	Emilia Robinson	Building skills to apply for other research programmes or national fellowships  Interest in exploring the evidence for early applied to those who have experienced a single potentially traumatic event and are displaying mild to moderate symptoms of PTSD / Acute Stress Disorder	Sussex Partnership NHS Foundation Trust	Research Assistant
Embedded Researchers in practice	January 2023	Matt Bushell	Will investigate whether Occupational Therapy interventions could assist care leavers in better meeting their health, wellbeing, and personal outcomes, by improving functional skills and emotional regulation.	Kent County Council	Social Work Manager
Embedded Researchers in practice	January 2023	Hannah Griffiths	Looking at how the provision of a communication aid affects the mental health and wellbeing of children with complex communication difficulties.	Chailey Clinical Services, a part of Sussex Community NHS Foundation Trust	Clinical Scientist and Quality Manager
Embedded Researchers in practice	January 2023	Sophie McGrevey	Aims to develop a Quality-of-Life questionnaire specifically for autistic children in KSS, to identify their areas of personal need.	Sussex Community NHS Foundation Trust	Research Assistant
Embedded Researchers in practice	January 2023	Stella Parkinson	Project aiming to improve primary school teacher's knowledge and understanding of handwriting readiness from their training.	East Kent Hospitals University NHS Foundation Trust	Paediatric occupational therapist
Investment in Future Research Leaders	May 2023	Dr Sarah Combes	Conversations on living and dying: Facilitating advance care planning with older people living with advancing frailty	University of Surrey and St Christopher's Hospice	Research Fellow (University of Surrey) and Associate Clinical Nurse Specialist (St Christopher's)



Investment in Future Research Leaders	March 2023	Tim Cook	The importance of force output testing and specificity of exercise prescription in the management of rotator cuff-related shoulder pain.	Sussex Community NHS Foundation Trust University of Chichester	Advance Practice MSK Physiotherapist and Senior Lecturer in Physiotherapy
Investment in Future Research Leaders	Between January 2023-April 2023	Dr Neesha Gunowa	Qualitative perspectives on the early identification of pressure ulcers in people with dark skin tones	University of Surrey	Senior Lecturer
Investment in Future Research Leaders	Between January 2023-April 2023	Dr Rebecca Karkia	Life-long risk factors for endometrial cancer; validation of a risk stratification algorithm using real-life data from a large population-based database	Royal Surrey NHS foundation Trust	Senior Research Fellow in Gynaecological Oncology PhD Doctoral candidate
Investment in Future Research Leaders	Between January 2023-April 2023	Lisa Richardson	Pilot evaluation of the 'be a leader' leadership training for people with learning disabilities	University of Kent	Research Associate
Investment in Future Research Leaders	May 2023	Dr Gayatri Shah	A comparison of structured clinical management (SCM) versus systems training for emotional predictability and problem solving (STEPPS) for clients with personality disorder.	Surrey and Borders Partnership NHS Foundation Trust	Consultant Counselling Psychologist
SpringBoard	July 2023	Marianne Burrowes	Building skills to apply for other research programmes or national fellowships  Interesting in collecting data that will allow their primary care mental health service, treating depression and anxiety disorders, to identify any gaps and enhance mental health assessments, helping parents to be better understood and improve information gathering.	Sussex Partnership NHS Foundation Trust	Lead Psychological Wellbeing Practitioner

SpringBoard	July 2023	Gemma Le Roy	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in supporting and conducting applied research on: children and young people's mental health, the benefits of barefoot group exercise combined with mindfulness in nature, a health intervention.</p>	University of Chichester	Student
SpringBoard	July 2023	Chloe Smith	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in designing and delivering a patient engagement group by encouraging and facilitating meaningful interactions - using film to begin the process of creative expression.</p>	Kent and Medway NHS and Social Care Partnership Trust	Art Psychotherapist
SpringBoard	November 2023	Amanda Ferrell	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in how to best help underserved young people access the healthcare they need</p>	University of Sussex	Research Assistant
SpringBoard	November 2023	Lizzie Lowrey-Crouch	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in implementing targeted social prescribing for women during or after pregnancy to ensure their mental health is supported in the community when statutory care is completed</p>	Involve Kent	Head of Partnerships and Innovation

SpringBoard	November 2023	Nicholas De Cruz	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interst in exploring the perceptions of brain health in young rugby academy players (16 to 18 years old) through the theoretical lens of protection motivation theory.</p>	University of Surrey	Lecturer in Sport & Exercise Psychology
SpringBoard	November 2023	Maxine Byrne	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in Avoidant Restrictive Food Intake Disorder (ARFID)</p>	Sussex Eating Disorders Service (SEDS)	CBT Therapist
SpringBoard	November 2023	Anjali Das	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in how we could optimise peer support programmes to better support students that come from underrepresented groups.</p>	University of Sussex	Wellbeing Team Graduate Associate
SpringBoard	November 2023	Gill Middleditch	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Interest in GPs experiences of ADHD medication review clinics, in GP practices, in deprived towns</p>	Kent Community Health NHS Foundation Trust	Advanced Clinical Practitioner
SpringBoard	November 2023	Ruby Porter	<p>Building skills to apply for other research programmes or national fellowships</p> <p>Consultation with TAY young people in education and mental-health services</p>	Faversham Counselling Service (FCS Talking Therapies)	Volunteer Person-centred Counsellor

SpringBoard	October 2024	Sharon Chepkemoi	Building skills to apply for other research programmes or national fellowships  Understanding the perceptions of alcohol support services, support needs, barriers, and facilitators to access to alcohol support services among LGBTQ+ communities.	West Sussex County Council	Public Health Programme Support Officer
SpringBoard	October 2024	Zoe Clothier	Building skills to apply for other research programmes or national fellowships  Building foundation in Peripheral artery disease (PAD) research.	University of Surrey	Research Assistant
SpringBoard	October 2024	Nat Farley	Building skills to apply for other research programmes or national fellowships  Why sex workers do not engage with mental health services.	Kent and Medway NHS and Social Care Partnership Trust (KMPT)	Research Community Involvement Facilitator
SpringBoard	October 2024	Sharon Floyd	Building skills to apply for other research programmes or national fellowships  Paediatric and adolescent mental health.	University Hospitals Sussex	Paediatric and Neonatal Research Nurse
Springboard	October 2024	Lucinda Kalupka	Building skills to apply for other research programmes or national fellowships  Impact of the 'Hatha Helpers' role.	Home Counties Carers	Director of Homecare Company
Springboard	October 2024	Mary Mukutuma	Building skills to apply for other research programmes or national fellowships  Health inequalities in stroke rehabilitation outcomes.	Kent Community Health NHS Foundation Trust	Clinical Operational Manager – Community Neuro Rehabilitation Teams

SpringBoard	October 2024	Cat Papastavrou-Brooks	Building skills to apply for other research programmes or national fellowships  Co-developing initial guidance for supporting lived experience researchers' reflexivity processes.	Sussex Partnership NHS Foundation Trust	Research Assistant
SpringBoard	October 2024	Lisa Richardson	Building skills to apply for other research programmes or national fellowships  Barriers And Facilitators To Capturing The Views Of People With Intellectual Disabilities In Social Care Research.	University of Kent	Research Associate
SpringBoard	October 2024	Jessica Waters	Building skills to apply for other research programmes or national fellowships  How clients sensory processing needs impact on signs of distress and the most effective way of sharing this information with clients and their support teams.	Kent Community Health NHS Foundation Trust	Occupational Therapist
SpringBoard	October 2024	Kasia Wawrzyniak	Building skills to apply for other research programmes or national fellowships  Effects of online Metacognitive Training (MCT) intervention.	Kent and Medway NHS and Social Care Partnership Trust	CBT Psychotherapist
Investment in Future Research Leaders	October 2024	Dr Claudia DeGiovanni	The impact of menopause and perimenopause on the skin. Investigating skin symptoms, and how dermatological conditions are affected through menopause and exploring barriers to accessing healthcare for skin concerns.	University Hospital Sussex NHS Foundation Trust	Consultant Dermatologist

Investment in Future Research Leaders	October 2024	Eva Eastman	Co-designing guidelines to adapt eating disorder treatment for individuals with ADHD; a lived experience led qualitative study.	Sussex Partnership Foundation Trust	Occupational Therapist
Investment in Future Research Leaders	October 2024	Dr Devyn Glass	Supporting Synchrony: Adapting video-feedback interventions to support improved practice for practitioners working with parents/carers and neurodivergent children.	University of Sussex	Post-Doctoral Research Fellow
Investment in Future Research Leaders	October 2024	Dr Nina Lockwood	Supporting autistic adults' mental health: co-producing autism-specific guidelines for suicide awareness and prevention in Kent, Surrey and Sussex	Brighton and Sussex Medical School	Research Fellow
Investment in Future Research Leaders	October 2024	Lizzie Lowrey-Crouch	Testing the use of perinatal social prescribing to improve maternal wellbeing in a Primary Care setting.	Involve Kent	Head of Partnerships and Innovation
Investment in Future Research Leaders	October 2024	Sharon Manship	Exploring the diagnosis experiences and post-diagnosis support of individuals living with Polycystic ovary syndrome (PCOS).	University of Kent	Research Associate
Investment in Future Research Leaders	October 2024	Gill Middleditch	How can we support adolescents with ADHD to engage in learning about themselves and their condition?	Kent Community Health NHS Foundation Trust	Advanced Clinical Practitioner Community Paediatrics