

Involvement and Engagement at ARC KSS - How our Public Members can help you

OUR Connections



- Action for Carers
- SPFT's Psychosis Group
- Surrey Carers Commissioning Partnership
- Martlets Hospice
- Switchboard
- Carers Support West Sussex
- Alzheimer's Society Research Network
- Carers UK
- Dementia Voice
- Ashford Pain Group
- Innovation Accelerator Programme
- NHS England Cancer & Genomics Programmes of Care

Logos: Action for Carers Surrey, Carers UK, Martlets, Switchboard, NHS, Alzheimer's Society, Carers Support West Sussex.

OUR Lived Experiences and protected characteristics



- From an ethnic minority
- Carer of family member
- Care Leaver
- Student
- LGBTQ
- Autistic
- Older Person
- Blind
- Black British
- Restricted mobility
- Psychosis
- Young Person
- Wheelchair User
- Hearing Loss
- Married

Other labels: dementia, neurodivergence, Autism, Cancer, Strokes, Serious mental illness.

OUR SKILLS



- Work with Local Community
- Governor of NHS Trust
- Helped shape Policy
- Researcher and Document Reviewer
- Chaired Organisational meetings
- Trained in...
- Involved in strategic groups
- Social Work
- Hypnotherapy
- Pilates
- Falls Prevention
- Massage therapy
- Research Medical Ethics
- Counselling
- Artist

I want to make a difference in...



- "...the lives of those least heard in health & social care; to improve equality and equity..."
- "...helping young people to be able to access the support they need..."
- "I am passionate about using technology to improve the lives of those living with dementia & the lonely"
- "I maybe old but can still use my brain and can contribute to research that needs my life experience"
- "...the empowerment of service users..."
- "...campaigning for carers rights..."
- "Raising awareness of the realities of being a carer & what carers and their loved ones go through..."
- "I am differently-abled NOT disabled..."

Logos: EQUITY, EQUALITY, SUPPORT, SEE ME.

Juli Dosad